

RESPIRE & PERSONAL  
OUTCOMES MEASURES

*Personal Outcomes focus on the items and issues that matter most to people in their lives... We learn about personal outcomes only when we talk to the person and learn about what is important and why.*

*(The Council on Quality and Leadership)*

*St. John of God, Carmona Services  
Adult Respite Services  
13 Wyattville Hill,  
Loughlinstown,  
Co. Dublin  
Tel. (01) 2825527*



**St. John of God,  
Carmona Services**

**Mission Statement**

**“To provide services and supports for people with an intellectual disability who reside in its South Dublin catchment area, so that they can achieve their personal goals and outcomes in accordance with the values and ethos of The Hospitaller Order of St. John of God”**

ST. JOHN OF GOD,  
CARMONA SERVICES

ADULT RESPIRE  
SERVICE



## ADULT RESIDENTIAL RESPITE & FAMILY SUPPORT SERVICES

**Carmona Respite Service incorporates a residential respite service, as well as a community based family support service.**

### **Residential Respite & Family Support Referral Forms**

#### **Adult Residential Respite Service**

Carmona Services, Adult Residential Respite house is based in 13 Wyattville Hill, Loughlinstown, Co. Dublin. The Service provides week-long respite breaks for adults who

- attend Carmona Day Services, and who
- live at home with families/guardians.

The respite home in 13 Wyattville endeavours to balance the requests and needs of families and carers, with the needs and wishes of the service users. This is achieved through Personal Outcome Measures where service users identify their own personal goals and choose the friends with whom they would like to spend their respite break.

The Respite Staff Team are warm, caring, friendly, professionally-trained people, whose purpose is to make the respite break as enjoyable as possible.

The emphasis in respite is on social activities, and using our communities as much as possible. During your break, you can look forward to :

Cinema, bowling, meals out, discos, art & crafts, to name a few....

Respite is all about Fun! Fun! Fun!

#### **Family Support Service**

The Family Support Service is a programme offered by Carmona Services, designed to provide an individualised, home-based respite service to adults within the service and their families.

The aim is to provide a flexible support service to clients, ensuring their needs and requests are met, using a client-centred approach, encompassing Personal Outcome Measures.

The Family Support Worker will incorporate assisting service users to link with local amenities, services and supports in their communities, with the dual purpose of supporting the service users in their choice of recreational, leisure and social activities, while at the same time, enabling carers to take a break.

Family Support Workers operate on a one-to-one or small group basis.

This Service is ideal for those who do not wish to avail of overnight stays in the Residential Respite House.

Both respite services are free of charge, but spending money is required for your activities

You can obtain a *Residential Respite Referral Form* or a *Family Support Referral Form* by:

- *Contacting your Key Worker in your Day Service*
- *Contacting \*Orla Carroll, Social Care Leader of Respite & Home Support Services directly.*

*(you only have to complete the referral forms if you have not availed of these respite services before)*

\*Orla Carroll,  
Social Care Leader of Respite  
& Home Support Services,  
Willow Vale,  
Ballybrack,  
Co. Dublin  
Tel. (01) 2855146